

RTT Professional Code of Conduct

RTT recognises its obligation to uphold professional standards and to promote integrity, responsibility, competence and respect amongst graduates practising in the field. This code should direct all behaviour, values and judgements amongst RTT graduates.

Dimension 1: Demonstrate Personal qualities

Aspect 1: Develop self awareness and be professional at all times

Aspect 2: Manage yourself in your role

Aspect 3: Commit to a Programme of Continuing Personal Development

Aspect 4: Act with Integrity at all times (values and ethics) including acknowledging the client's right to terminate the relationship at any point during the process

Dimension 2: Work well with Others

Aspect 1: Take account of professional and service user expertise

Aspect 2: Build and maintain relationships with other professionals that can support you in your practice

Aspect 3: Communicate with clients effectively about your services to establish their trust and consent for the work you intend to do

Aspect 4: Promote inclusiveness and anti-discriminatory practice including awareness of culturally sensitive boundaries that govern therapist/client interactions, physical or otherwise

Dimension 3: Intervene with Skill (Do no harm)

Aspect 1: Apply knowledge, understanding and values relevant to your profession

Aspect 2: Operate within a regulatory and/or organisational framework (including Health & Safety)

Aspect 3: Recognise your limitations and seek advice when needed

Aspect 4: Do not make false claims about your qualifications and experience, or about the scope of RTT as a method

Dimension 4: Quality Assure your Practice

Aspect 1: Protect the Professionalism of the RTT brand

Aspect 2: Select and use appropriate tools when working with clients

Aspect 3: Measure the impact you are having

Aspect 4: Record and maintain accurate records according to strict confidentiality and privacy laws, advising clients of rules for disclosure

Dimension 5: Demonstrate Professionalism

Aspect 1: Provide change and transformation using sound judgement

Aspect 2: Understand how to escalate concerns in your local area and create a network of support

Aspect 3: Ensure you maintain professional boundaries at all times (avoid any sexual or romantic relationships with clients)

Aspect 4: Report Malpractice when noted